

Sahara Trek for Marie Curie Hospice, Penarth Registration Form

Personal details

Forename and surname as they appear in your passport.

Title: _____ Forename: _____ Surname: _____

Preferred name or nickname (if applicable): _____

Address: _____

Postcode: _____

Daytime tel no: _____ Evening: _____ Mobile: _____

*email: _____

* By giving us your email address, you agree that we may use it to send you information about our activities.

T-shirt size: S / M / L / XL (please circle)

Occupation: _____ Employer: _____

Department: _____ Type of business: _____

Emergency contact name: _____ Relationship to you: _____

Address: _____ Postcode: _____

Daytime tel no: _____ Evening: _____ Mobile: _____

Where did you hear about this event or see it advertised? Please be as specific as possible. _____

Are you taking part in the event with your friends? Yes No Do you wish to fundraise together (aim for a joint fundraising target) Yes No

If yes, who would you like to nominate as your lead fundraiser? (All receipts and paying-in slips will be sent to this person). _____

Accommodation will be shared on a twin share basis. Please give the name(s) of anyone with whom you specifically wish to share (please tick if you are a couple):

Do you have special dietary requirements (eg food or nut allergies). Please continue on a separate sheet if necessary.

Do you require vegetarian meals? Yes No

Are you walking in memory of a loved one Yes No

If yes who are you dedicating this walk to?

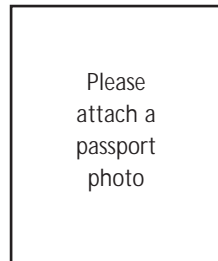
Contact details

Prior to the event we will circulate a list of all those taking part. This list will include addresses, telephone numbers and e-mail addresses in order for participants to contact each other.

If you would like to be included in the participant list, please confirm below the contact details you are happy to be disclosed to your fellow participants.

My address My telephone number My email address

Passport details



Date of birth: _____

Passport no: _____

Date of passport issue: _____

Place of passport issue: _____

Date of passport expiry: _____

Nationality: _____

You must have a valid 10 year passport that runs for 6 months after your return to the UK. If it doesn't you will need to apply for a new passport as soon as possible. Please forward the new details to Marie Curie Cancer Care.



Marie Curie Cancer Care Terms and Conditions of Entry

1. All travel and associated arrangements for the Marie Curie Cancer Care Sahara Trek are made by The Ultimate Travel Company. (ATOL 5111), a specialist adventure travel company, in aid of Marie Curie Cancer Care. In making these arrangements, Marie Curie Trading Ltd is acting as your agent and is unable to accept liability for any loss or damage, beyond its statutory liability, or for cancellation of the event for any reason out of its control.
2. Participants must raise a minimum of £1,900. The £100 non-refundable registration fee does not form a part of this amount. We insist that 80% of the total (£1,600) must be paid to Marie Curie Trading Ltd at least 11 weeks prior to departure. If you do not pay this amount you will forfeit your eligibility to participate – or you may choose to make up the balance yourself. We ask that you show pledges for the minimum sponsorship level before departure. The balance of the sponsorship must be paid within four weeks of the end of the trip.
3. Registration fees (£100) are non-refundable under any circumstances once you have been accepted on the event.
4. If participants decide at any time not to take up their places, all sponsor forms and sponsor monies collected and held by the participant must be forwarded to Marie Curie Cancer Care, so they can be returned to the sponsor if requested.
5. If, for what ever reason, you withdraw from the event after the 11 weeks before departure deadline, you are personally liable for any cancellation charges payable in accordance with the terms and conditions of The Ultimate Travel Company. This will be the prescribed percentage of the trip cost.
6. Participants wishing to withdraw from the event after registration must confirm their cancellation in writing to Marie Curie Cancer Care. Without this, Marie Curie Cancer Care is unable to accept their cancellation.
7. Gift Aid does not count towards participants' sponsorship target.
8. The trip costs include all group international flights and internal transfers thereafter, return coach transfers to the Marie Curie Hospice, Penarth, accommodation on a twin share basis or as dictated by local conditions (e.g. hostel, hotel or camping), meals whilst trekking, guides, porters, cooks, group camping equipment, some sightseeing trips or site/park entry fees.
9. The following are not included in the cost of the trips: items of a personal nature (e.g. telephone calls, laundry, tips etc), drinks, certain meals, visas, vaccinations, insurance and local airport and/or departure taxes.
10. You must take out travel insurance covering health, accident and loss, emergency repatriation etc. while you are out of the UK. The Ultimate Travel Company can advise a suitable policy or, if you have your own insurance, Marie Curie Cancer Care must be given a copy to ensure it is suitable for the event.
11. You must hold a 10 year passport that is valid for six months after your return to the UK. It is your responsibility to obtain a valid visa (if required), the cost of which is not included in the cost of the trip. The information supplied regarding passports and visa requirements was correct to the best of our knowledge at the time of printing. You must check current requirements with the Foreign and Commonwealth Office (www.fco.gov.uk) who will provide information on health and security.
12. All instructions given to you on the event must be observed for your own safety. Participation in this event is at your own risk.
13. Participants must carry out all fundraising in accordance with the guidelines set out in the Marie Curie Cancer Care fundraising pack and Professional Fundraiser's Agreement. This will be sent upon confirmation of your place on the event and must be returned immediately to Marie Curie Cancer Care after participants have read, signed and dated the form.
14. Your place on the trek is not secured until Marie Curie Cancer Care is in receipt of the signed and completed registration form and medical form upon which you agree to the terms and conditions issued by The Ultimate Travel Company.
15. The registration fee and all sponsorship is payable to Marie Curie Trading Ltd, a wholly owned subsidiary of Marie Curie Cancer Care.
16. Marie Curie Cancer Care reserves the right to amend or change the itinerary without prior notice.
17. Marie Curie Cancer Care reserves the right to not accept a participant onto a challenge at any point leading up to departure of the trip.
18. Participants will normally only be accepted on a Marie Curie Cancer Care exclusive overseas challenge if they are at least 18 years of age by the first day of the trip. Participants that are 17 years of age by the first day of the trek will be accepted onto the trek if they are accompanied by a parent or guardian and in receipt of written permission of a parent/legal guardian.

I hereby agree to abide by the terms and conditions of entry as detailed above and by signing this form I acknowledge that I have read, understood and accepted the conditions of contract set out by The Ultimate Travel Company in the document.

Signed: _____

Name: _____

Date: _____

Please return your completed form to:
Hospice fundraising team, Marie Curie Hospice, ,
Bridgeman Road, Penarth CF64 3YR

Marie Curie Cancer Care would like to keep you up to date with the work of the charity including fundraising activities using the contact details you provide, which we hope will be of interest to you. If at any time you do not wish to receive this information please contact us at the address provided or tick this box.

Payment details

A registration fee of £100 is required to join the trek and is non-refundable once you have been accepted on the event. Please make cheques payable to Marie Curie Trading Ltd.

Payment by credit card:

Card No _____ Card type (please circle) Mastercard / Visa / Switch

Name on card _____ Start date: _____ Expiry date: _____
(BLOCK CAPITALS)

Authorisation number (these are the last three digits on the signature strip) _____

Issue number (Switch only): _____

Signature: _____ Date: _____

Address of the card holder _____

ULTIMATE TRAVEL TERMS & CONDITIONS FOR CHARITY EVENTS

Ultimate Travel Company (UTC) of 27 Vanston Place, London, SW6 1AZ Atol:5111

These are the terms and conditions of the Tour Operator which apply to those who are advised by the charity or the trading company of the charity, known hereinafter as "the charity", that they will be participating in the fundraising event. Please refer to the charity's own terms and conditions regarding your sponsorship and eligibility to travel. Only those potential participants who qualify under the charity's rules will be entitled to travel. For those selected to travel, then the following conditions will apply:

1 YOUR CONTRACT WITH THE TOUR OPERATOR

If you are selected to take part in the fundraising event, we will be advised of your details by the charity. Your contract for travel, accommodation and other services ("your travel arrangements") will be with us, the Tour Operator. If you are selected then we will confirm our contractual commitment to you by sending to you a confirmation invoice, together with the details of your travel arrangements and the itinerary that we have agreed to provide. It is only then that these terms and conditions will apply and a contract will exist between us, which is governed by English laws and the exclusive jurisdiction of the English Courts. Travel arrangements made by us which include

(i) flight and accommodation are fully protected under the company's ATOL Licence Number arranged with the Civil Aviation Authority (CAA).

or

(ii) ferry and accommodation are fully protected under the company's Travel Organiser Failure Cover (TOFC). This complies with the requirements of Regulations 16-21 of the Package Travel Regulations.

Payment for your travel arrangements will be made to us by the charity from the sponsorship it has received in accordance with the charity's terms for participating in the fundraising event.

2. THE PRICE OF YOUR TOUR

(i) The cost of your participation in the fundraising event forms a part of the overall value of the sponsorship raised by you and received by the charity. From those sums received by the charity, the charity will pay to us the cost of your travel arrangements that we are agreeing to provide.

(ii) We reserve the right to increase the price of your travel arrangements to allow for variations in transportation costs (including the cost of fuel); dues, taxes or fees chargeable for services such as landing taxes and fees at airports and the exchange rate applicable to your travel arrangements. No price increase will be made within 30 days of your departure date and in any event, we will absorb any increase which equals 2% or less of the cost of your travel arrangements.

3. HEALTH, SAFETY & FITNESS AND YOUR INSURANCE COVER

The charitable event in which you will be participating is challenging and will require a good level of fitness, strength and endurance and it is your responsibility to ensure that you have the appropriate level. You will be requested to fill out a detailed medical form, which you should complete truthfully. If you are in any doubt of your fitness you should check with your doctor to ensure that you are sufficiently fit, healthy and mobile to participate in the event. You should take into account that medical and other facilities, particularly for those with any illness or infirmity, at your destination are likely to be inferior to those in the United Kingdom. Accordingly it is a compulsory term of travel that you take out travel insurance to cover any health or injury problems that arise and, if necessary, to arrange for your repatriation to the United Kingdom. You should also advise your insurer of any pre-existing medical condition before travel. Failure to advise this may invalidate your insurance cover.

4. CANCELLATION

(i) If you cancel your travel arrangements, then there will be no refund payable to you as your sponsorship was raised for charitable purposes. Any balance of the sum paid to us by the charity for your travel arrangements, after deduction of cancellation charges, which have been agreed with the charity, will be repaid to the charity.

(ii) Similarly, if we cancel your travel arrangements any refunds or compensation will be paid to the charity.

(iii) If cancellation occurs in circumstances where recovery of cancellation charges is indemnified under your travel insurance, you hereby agree that you will co-operate in the recovery of these charges from the insurers and any sums recovered under the policy will again be paid over to the charity.

(iv) If cancellation occurs due to unusual and unforeseeable circumstances beyond our control, such as national emergency, natural disaster, fire, bad weather, flight or ferry delays or other such events (acts of force majeure), then we will advise you as soon as it is reasonable to do so.

5. DESTINATION SAFETY AND FORCE MAJEURE

Your personal safety during the charitable event is of fundamental importance to us and whilst we will carefully monitor the safety of your destination, the Foreign and Commonwealth Office do offer a travellers advice line, the details of which are 0207008 0232 or online www.fco.gov.uk/. You should ensure that you are kept informed of the latest FCO advice.

6. ALTERATIONS BY THE TOUR OPERATOR

(i) The Tour Operator and its supplier of flight, ferry, accommodation and land arrangements shall be entitled to change the details of your travel arrangements and itinerary. If a change is significant you will be advised as soon as possible and you will be entitled to:-

(ii) Cancel your participation in the event, in which case you agree that the cost of your travel arrangements will be repaid by us to the charity and you will have no entitlement to such sums; or

(iii) Agree to proceed with the revised arrangements for the Event

7. STANDARD AND QUALITY OF ACCOMMODATION AND SERVICES

You should not have unreasonable expectations of the facilities that will be provided which in some remote areas and some destinations may be below what you might expect at home. The level of the standard and quality of your travel arrangements will be in line with the itinerary and any literature you receive from us.

8. LIABILITY

(i) We accept responsibility for ensuring that your travel arrangements will be as described in literature produced by us, or on our behalf, in our Confirmation Invoice and with the itinerary and that the services we are contractually obliged to provide are to a reasonable standard. If in the reasonable opinion of the charity any part of your travel arrangements is not provided as promised we will pay appropriate compensation if this has affected the quality or structure of your travel arrangements. We accept responsibility for the acts and/or omissions of our employees, agents and suppliers (except for claims for death, injury or illness – see below).

(ii) The Tour Operator accepts responsibility for death, injury or illness caused by negligent acts and/or omissions of us, our employees, agents, suppliers and sub-contractors whilst acting within the scope of, or in the course of their employment in the provision of any part of your travel arrangements in the itinerary, that we are contractually obliged to provide. We will, accordingly, pay to an affected participant such damages as might have been awarded in such circumstances under English law. However, damages are not payable where any failure to perform the contract is due neither to any fault on our part or a supplier of any part of your travel arrangements or is attributable to you or unforeseen or unavoidable actions of a third party unconnected with the provision of your travel arrangements or unusual and unforeseeable circumstances beyond our control or an event which could not have been foreseen even if all due care had been exercised.

(iii) In respect of carriage by air, sea and rail and the provision of accommodation, the amount of compensation the Tour Operator may be obliged to pay will be limited in the manner provided by the relevant International Convention. Carriage by air is subject to the carriers conditions of carriage. In particular drunkenness or rowdy behaviour may lead to the airline refusing carriage when alternative flights may have to be arranged at your own cost.

9. ACCEPTANCE OF RISK

Your booking is accepted on the understanding that:

(i) You are aware that this is an adventure trip, in addition to the usual dangers and risks, some of which may incl. physical exertion for which you may not be prepared. Weather extremes. Remoteness from normal medical services.

(ii) You acknowledge that the enjoyment and excitement of adventure travel is derived in part from the inherent risk incurred by travelling and undertaking activities beyond the levels of safety normal at home or work, and these inherent risk contribute to such enjoyment and excitement, being a reason for your participation.

(iii) Your knowledge that the nature of this type of trip requires considerable flexibility and you must allow for alterations, changes to routes, schedules, transport etc. The outline itinerary for this trip is an indication of what the group may accomplish, and does not form a contractual obligation on the part of UTC. No refunds will be given for services not utilised.

10. FLIGHTS

Applicable only to challenges which include flight arrangements as part of the package:

(a) Delays

Most flights will be arranged with scheduled airlines which will usually provide refreshments, meals or accommodation where there is any substantial flight delay and when this is possible to arrange. The Tour Operator will not arrange these facilities if there is a delay at the outward or homeward points of departure if not offered by the airline or ferry company.

(B) FLIGHT CHANGES

Airlines may have to change aircraft without advance warning. You are asked to check carefully departure and check in times on your documentation when received to ensure that you arrive at the airport in sufficient time.

11. PASSPORTS AND VISAS AND HEALTH

You will be advised separately of any passports or visa requirements and any compulsory health requirements to enable you to participate in your travel arrangements. Please note that you will require a full British passport with at least 6 months unexpired at the date of return travel. For EC and other passport holders please contact the Tour Operator for special requirements.

12. MISCELLANEOUS

This contract is governed by English law and the exclusive jurisdiction of the English Courts.



Medical Information Form

Please read the notes carefully before you fill this form

All potential participants on our Charity Challenges are required to complete one of our medical forms. Dedicated personnel will look at the forms, and may forward details on to our doctor for advice. All information will be treated as strictly confidential.

We request medical information from you in an endeavour to minimise risks to all participants, and for that reason ask that you disclose all your medical history. The Ultimate Travel Company cannot accept any responsibility in the event that you do not fully disclose all relevant details. Our policy is to encourage and support as many people as possible to take part in our Challenges, we nevertheless reserve the right to reject your application to participate in this event if recommended to do so by our medical advisor.

The event in which you will be participating is challenging and will require a good level of fitness, strength and endurance. You should check with your doctor to ensure that you are sufficiently fit and healthy to participate.

You should take into account that medical and other facilities at the destination are likely to be inferior to those in the UK and that some parts of the route will be away from main cities and hospitals, in remote locations.

There will be trained medical personnel on hand who will be able to provide treatment for minor injuries, and first aid support in the event of a more serious injury or medical problem. Should you require more medical attention than can safely be provided on site, the medical officer and staff team will arrange appropriate evacuation and transfer to the nearest, most appropriate, hospital or medical centre.

If you develop any new medical conditions or experience worsening of existing conditions after returning this form, you must inform The Ultimate Travel Company.

Please complete in BLOCK capitals

Blood group: _____ Height (cm): _____ Weight (kg): _____ Age (on Nov 20, 2008) _____

Part 1 to be completed by each participant

If you will be 50 or older when you trek OR if you have a pre-existing medical condition you MUST ask your doctor to sign this form overleaf confirming that you are fit to undertake this challenge. Without your doctor's signature we cannot process your registration.

Please state whether you have/have not had any of the following conditions:

	NO	YES	IF YES, PLEASE GIVE DETAILS:			
1. Raised blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>	If yes, please list the dates and values of your last three blood pressure readings			
			Dates <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td></tr></table>			
			Readings (mmHg) <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td></tr></table>			
2. Heart or circulatory disease?	<input type="checkbox"/>	<input type="checkbox"/>	_____			
3. Blood clots, in particular DVT (clog in leg) or PE (clot in lung)	<input type="checkbox"/>	<input type="checkbox"/>	_____			
4. Chest or lung disease?	<input type="checkbox"/>	<input type="checkbox"/>	_____			
5. Asthma?	<input type="checkbox"/>	<input type="checkbox"/>	Have you been hospitalised if so when? _____ Had to take steroids? _____			
6. Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	_____			
7. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Type I or Type II diabetes _____			
			and please list the dates of your last three HbA1c readings			
			Date <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td></tr></table>			
			HbA1c (%) <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td><td style="width: 100px; height: 20px;"></td></tr></table>			
8. Digestive or bowel disorders	<input type="checkbox"/>	<input type="checkbox"/>	_____			
9. Haematological or blood disorders	<input type="checkbox"/>	<input type="checkbox"/>	_____			
10. Cerebral disease e.g stroke, head injury, tumour	<input type="checkbox"/>	<input type="checkbox"/>	_____			

11. Past injuries e.g. fractures, sprains _____
12. Operations _____
13. Mental health problems Details (including any admission dates, sections, and specific diagnosis)

14. Allergies _____
15. Heat illness or cold injury _____
16. Thyroid disease or endocrine disorder If yes please give the date and values of your last thyroid function tests

17. Please list any medications you are currently taking

18. If you have any other medical condition not disclosed above, please give details here:

I certify that I have read and understand this medical form. The information I have given is correct. In the event of illness or an accident on the trip, I hereby give permission for the tour operator medical staff to initiate medical treatment, and to notify my next of kin in case of hospitalisation.

Signed _____ Date _____

I hereby give permission for The Ultimate Travel Company's medical advisor to discuss medical conditions relevant to this Challenge with either my GP or hospital specialist

Signed _____ Date _____

PART TWO – to be completed by the participant's GP if aged over 50 years OR have answered 'yes' to any question on the medical form.

TO BE COMPLETED BY THE PARTICIPANT

I have read this medical form, including the attached notes. The information given by the participant is correct, and no significant medical history contained in the patient's medical records has been withheld.
 I confirm that, to my knowledge, the participant has no physical or mental health problems that should preclude them from undertaking this challenge.

GP signature: _____ Date: _____

Tel no: _____ Fax no: _____

GP Practice Stamp:

Please return this completed medical form to:
 Marie Curie Hospice, Penarth
 Fundraising Office
 Bridgeman Road
 Penarth CF64 3YR
 Tel 02920 426068

If you, or your GP, have any medical queries you would like to discuss with the The Ultimate Travel Company Medical Advisor, please contact the office, and we will be happy to arrange this.



Thank you for taking on the Sahara Trek 2008
in support of your local Marie Curie Hospice, Penarth.

Marie Curie Hospice, Penarth
Fundraising Office,
Bridgeman Road
Penarth
CF64 3YR
Tel: 02920 426068