

# Planning ahead checklist

All of us may find it helpful to plan for the future. Making plans and sharing wishes can make it easier for the people important to you, as it lets them know what you want. If you change your mind at any time, just make sure you update the relevant documents.

You may want to think about some of these things now, and leave others for another time. You do not need to make plans at all if you choose not to. Use this checklist to guide you through some things you might want to consider.

- Make a Will
- Choose someone to make decisions about my care if I become unable to
- Choose someone to make decisions about my finances if I become unable to
- Make decisions about how and where I'd prefer to be looked after
- Make decisions about my funeral
- Discuss any treatments I'd like or not like to have with a healthcare professional
- Think about how my funeral will be paid for
- Make a list of things I'd like to do before I die
- Arrange who will look after any dependents (such as children)
- Talk to people important to me about these things
- Organise what will happen to any pets
- Leave messages or memories for the people important to me through letters, videos, or voice recordings
- Make a list of important documents (pension, insurance)
- Keep my important documents in a safe place and tell someone I trust where they can find them
- Make a list of my bank accounts and other finances (savings, investments, premium bonds)
- Get life insurance
- Make decisions about what will happen to my online accounts

We have online information pages about planning ahead. We also have a free printed booklet **Planning ahead** you can download or order. For more information, call our free Support Line on **0800 090 2309\***, email us at **support@mariecurie.org.uk** or visit **mariecurie.org.uk/start-planning-ahead**

