







## **UK Commission Bereavement Easy Read Report**



Being bereaved is what happens when someone you know has died This could be

- family
- a friend
- someone you know well



In 2021 the UK Commission on Bereavement learnt about how different people and groups have been affected when somebody close to them dies



The UK Commission on Bereavement looked at information from the last 5 years to learn about bereavement



The UK Commission on Bereavement has been asking people with learning disabilities about bereavement and

- how it makes them feel
- what has happened to them





This has helped The UK Commission on Bereavement understand how to help people with learning disabilities

- to understand feelings and loss
- to talk about death and dying



All different groups of people have talked about how the UK will help the economy after the Coronavirus pandemic a lot



These people have **not** talked about how the UK will help people who have been affected by the coronavirus pandemic



The UK Commission on Bereavement wants to make talking about death and bereavement easier



There are seven main principles in this report

A principle is a truth or standard that the Commission wants everyone to know and have in place

The principles are



My family and friends and community help me with my bereavement



The professionals who I work with will be helpful and understand my bereavement



I am able to have an affordable and good funeral





I feel safe in my home and have the right financial support

This can be an extra change that is hard for the bereaved person

The Commission wants to make sure that this change happens when the bereaved person is more ready for it



My school or my college or the place where I work understand and care about my bereavement



It is easy for me to get the kind of support for my bereavement that I need that understands my situation



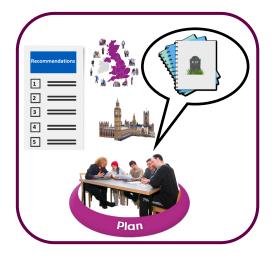
The things that I have to do when somebody dies are easy for me to understand and do





There are five main policy recommendations for the UK government about bereavement A recommendation is a suggested change

This is usually to help improve things for people.



The policy recommendations are the UK government needs to make a plan for helping people who are bereaved and having feelings of grief.



The plan needs to include things like

 closing bank accounts of people who have died



 helping people who have feelings of grief get the support that they need





The UK Commission on Bereavement is asking for funding so bereaved people have the support they need, when they need it



All schools need to teach children and young people about death and how to help people who are bereaved.



All of the support for people who are bereaved should also be available to everyone even if you are not on benefits



The support should be increased to be as much as the costs of living





Workers should be given two weeks off work for their bereavement
They should still be paid while they are away



This leave should cover bereavement of close relationships

this could be

- family
- a friend
- someone you know well



Created September 2022





## Information gathered from UK Commission on Bereavement



Pictures provided by PhotoSymbols https://app.photosymbols.com/



This document has been made by MacIntyre Easy Read Creators and checked by MacIntyre Checkers



01908 230 100



health.team@macintyrecharity.org



www.macintyrecharity.org



www.facebook.com/MacIntyreCharity1



uk.linkedin.com/company/macintyre



www.youtube.com/providingsupport



@meetmacintyre



@meetmacintyre