Coronavirus (COVID-19)

Please follow these guidelines

**Physical distancing**
Please keep to the current guidelines for minimum physical distance.

**Hand washing**
Wash your hands with soap and water often - do this for at least 20 seconds
Use hand sanitiser if soap and water are not available.

**Coughs and sneezes**
Cover your mouth and nose with a tissue or your sleeve (not your hands!) when you cough or sneeze.
Put used tissues in the bin immediately and wash your hands afterwards.

**Don’t**
Don’t touch your eyes, nose or mouth.

Thank you