

# What is death?

Talking about what dying means



Easy Read version

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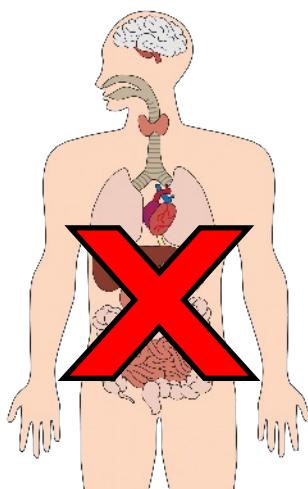
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# What does death mean?



Death is when someone stops being alive.

People might say someone has died, or someone is dead.



When someone dies, their body stops working.

They stop breathing and their heart stops beating.



They will not move anymore.



They cannot wake up or come back to life. They do not feel any pain after they have died.

# Why do people die?



People die for different reasons.



Some people die from an illness.



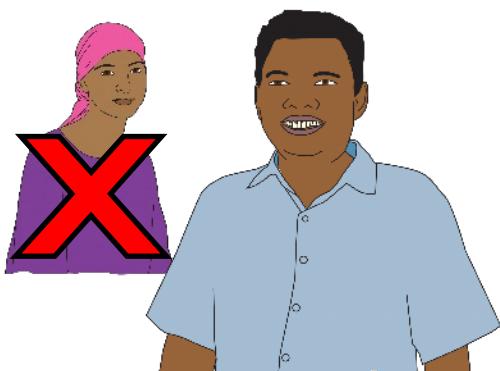
But other people have an illness and will not die from it.

For example, some people die from cancer. But other people with cancer get better after treatment.

# If someone you know has died



You are not going to die because someone you know has died.



Some things in your life will change.

You will not be able to see the person anymore.



You will not be able to do things with the person anymore. Like having lunch together or going to appointments.

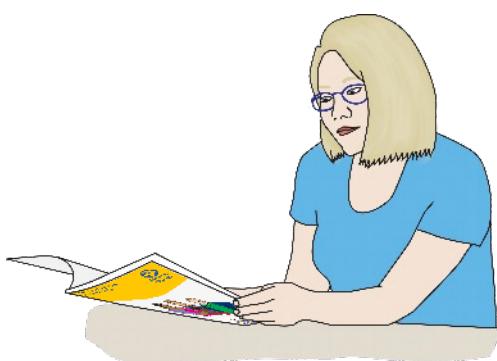
You might do these things with someone else.



You might do some things by yourself.



You might have different feelings, like feeling sad or angry. This is OK.

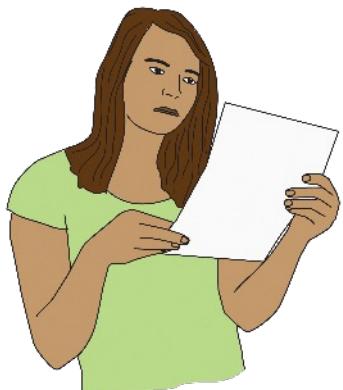


Read more in our free booklet, **Your feelings after someone dies.**

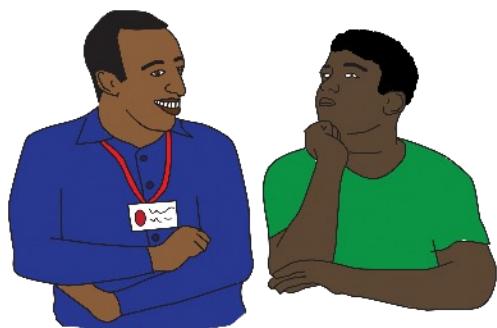


You can get the booklet from this webpage:  
**[www.mariecurie.org.uk/easy-reads](http://www.mariecurie.org.uk/easy-reads)**  
or by calling our free Support Line on **0800 090 2309**.

# Who can I talk to?



Reading about dying can be upsetting.



If you have questions or need support, you could talk to a family member, friend, or support worker.



Or you can call Marie Curie's free Support Line on **0800 090 2309** or email **support@mariecurie.org.uk**

# About this information



We hope you find this information helpful. But it should not be used instead of speaking to professionals.



You should still get information from a doctor, nurse, or other professionals.



You can tell us if you like the booklet or if you do not like the booklet.



You can tell us by emailing  
[review@mariecurie.org.uk](mailto:review@mariecurie.org.uk)



Or you can call our Support Line on  
**0800 090 2309.**



It is free to call our Support Line.  
Your call may be recorded to help us  
make our service better. And to  
make sure you are safe.

# Your notes

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**Speaking Up Together** -  
making Easy Read information.

# Marie Curie - why we're here



**Marie  
Curie**

We're here for people living with a terminal illness, which is an illness people will die from. We also support their families and friends.

We give people care, information, and support. If you have any questions or need support, call our free Support Line on **0800 090 2309**.

**You can find more Easy Reads and videos at [www.mariecurie.org.uk/learning-disability](http://www.mariecurie.org.uk/learning-disability)**



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