Companion over the phone



Free emotional companionship for people at the end of life, and those close to them.



"My Companion, Peter, is great. He knows what I'm going through and how to converse. It helps that he's an outsider because my inner circle is going to just say what I want to hear."

Jacky, who received support over the phone from a Companion when her husband, Andy, had terminal cancer

If you, or someone close to you, is living with a terminal illness, you might need someone to talk to.

Marie Curie's free Companion over the phone service is here for you. It's a telephone service that provides ongoing emotional support with the same trained volunteer each week, no matter where you live in the UK. We'll chat with you for around 30 minutes, for up to 12 weeks.

You might have lots to say or little. However you're feeling, we offer support and a listening ear so you can talk about it with a friendly, impartial Companion.

Sign up and start talking to a Companion at:

mariecurie.org.uk/companion-over-the-phone

Whatever your question, we're here to help

Marie Curie is here to help with information and support on all aspects of life with terminal illness, dying and bereavement. Our services are free.

Call our free Support Line

0800 090 2309*

Chat to us online and find information

mariecurie.org.uk/support